

# FIRST CHOICE PHYSICAL THERAPY, INC.

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

DESCRIBE YOUR CURRENT INJURY/ILLNESS THAT BRINGS YOU HERE TODAY:

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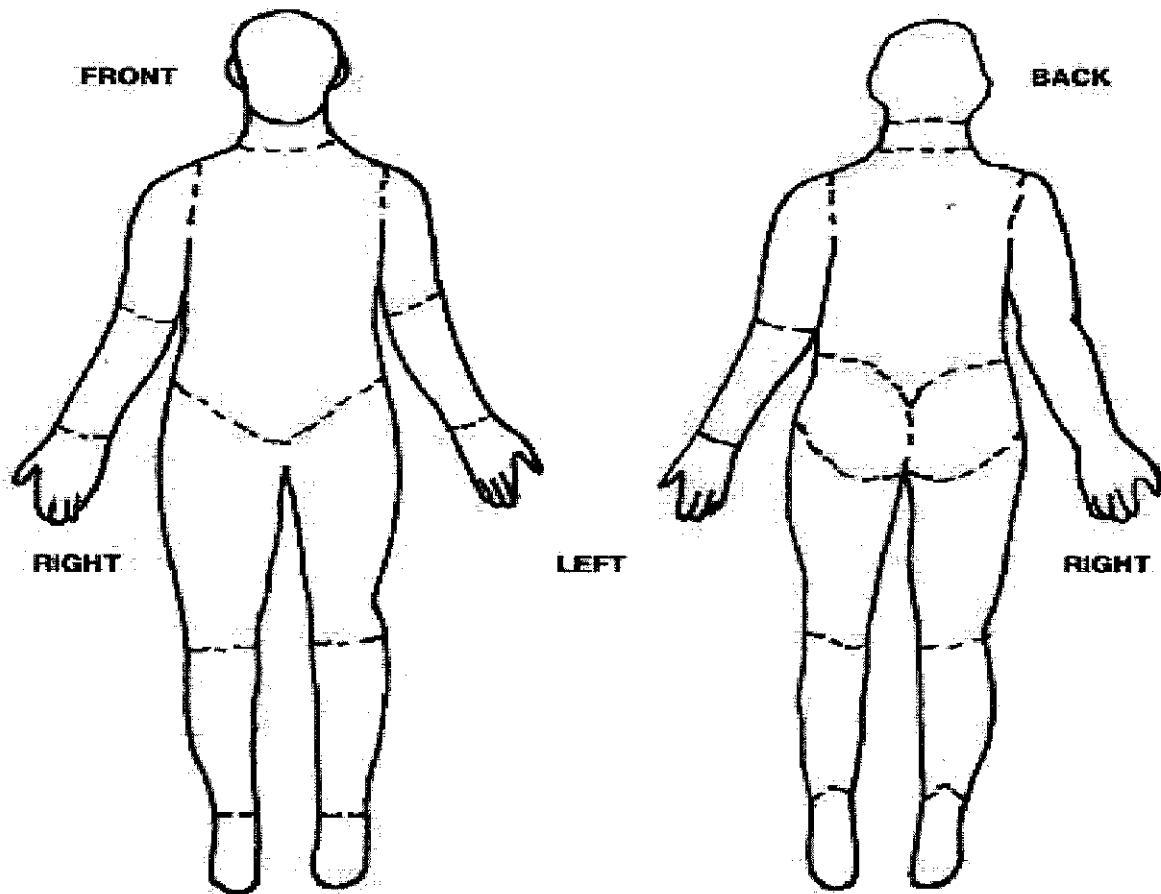
PAIN RATING: CIRCLE THE NUMBER THAT CORRESPONDS TO YOUR CURRENT PAIN

<---0---1---2---3---4---5---6---7---8---9---10--->

NO  
PAIN

WORST  
PAIN  
IMAGINABLE

ON THE PICTURE BELOW, DIAGRAM THE LOCATION AND TYPE OF YOUR CURRENT PAIN SYMPTOMS USING THE FOLLOWING SYMBOLS:



//// SHARP/STABBING    === DULL ACHE    xxxx BURNING    .... PINS & NEEDLES/TINGLING    oooo NUMBNESS

SINCE THE PROBLEM STARTED ARE YOU?    \_\_\_ BETTER    \_\_\_ WORSE    \_\_\_ SAME

(PLEASE FLIP TO SIDE 2 FOR MORE ON YOUR CURRENT CONDITION & BRIEF MEDICAL HISTORY)

HAVE YOU RECEIVED ANY TREATMENT FOR YOUR CURRENT PROBLEM?  YES  NO  
IF YES, DESCRIBE TREATMENT RECEIVED: \_\_\_\_\_

WHAT ACTIVITIES DOES YOUR PROBLEM PREVENT YOU FROM DOING?  
\_\_\_\_\_

WHAT ACTIVITIES OR POSITIONS MAKE YOU FEEL BETTER?  
\_\_\_\_\_

IN THE PAST 12 MONTHS, HAVE YOU FALLEN?  NO  YES, HOW MANY TIMES? \_\_\_\_\_

WHAT IS YOUR GOAL FROM THERAPY? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### MEDICAL HISTORY

LIST ANY MEDICAL CONDITIONS: \_\_\_\_\_  
\_\_\_\_\_

LIST ALL PREVIOUS MAJOR SURGERIES: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

ALLERGIC TO LATEX?  YES  NO

ANY MEDICATION ALLERGIES? \_\_\_\_\_

LIST ANY MEDICATIONS YOU ARE CURRENTLY TAKING (IF NOT SURE OF NAME, LIST  
WHAT YOU ARE TAKING THEM FOR): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_