

FIRST CHOICE PHYSICAL THERAPY, INC.

NAME: _____ DATE: _____

DESCRIBE YOUR CURRENT INJURY/ILLNESS THAT BRINGS YOU HERE TODAY:

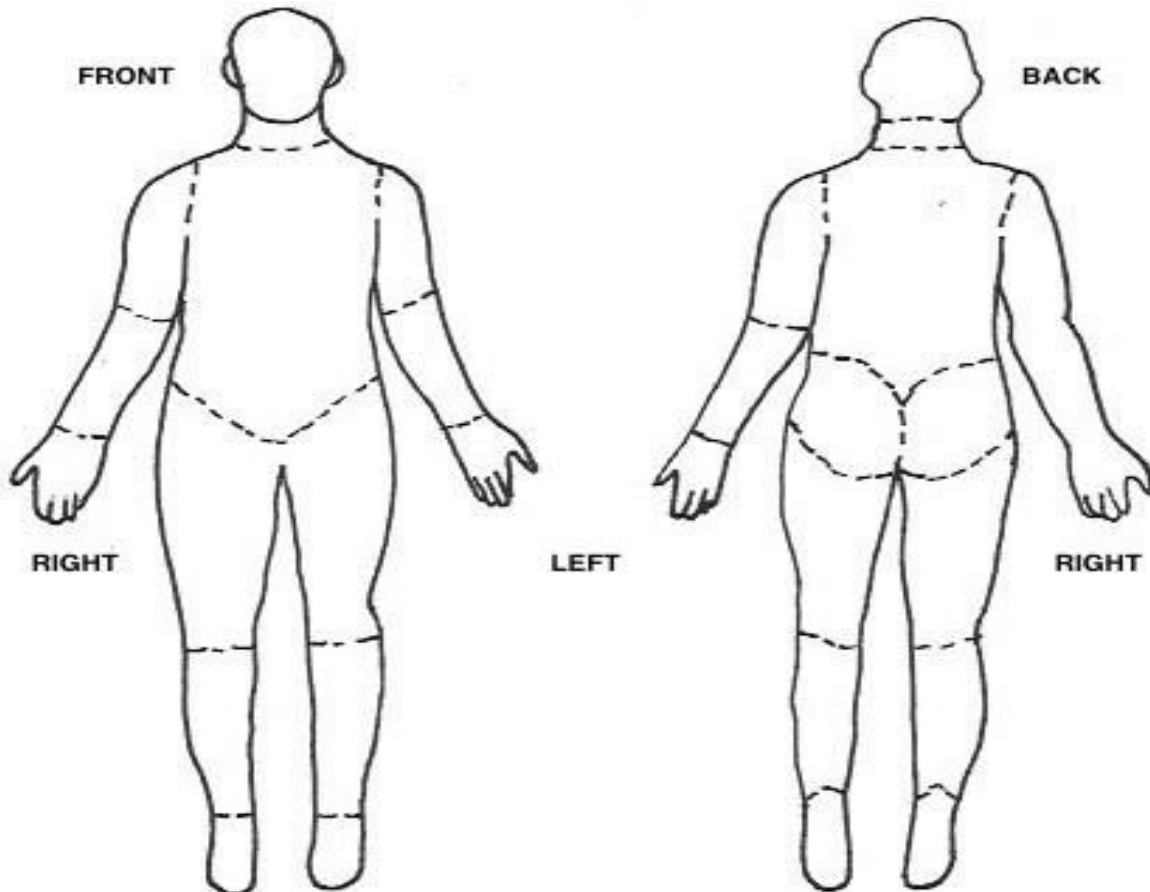
PAIN RATING: CIRCLE THE NUMBER THAT CORRESPONDS TO YOUR CURRENT PAIN

<----0----1----2----3----4----5----6----7----8----9----10---->

NO
PAIN

WORST
PAIN
IMAGINABLE

ON THE PICTURE BELOW, DIAGRAM THE LOCATION AND TYPE OF YOUR CURRENT PAIN SYMPTOMS USING THE FOLLOWING SYMBOLS:



/// SHARP/STABBING === DULL ACHE xxxx BURNING PINS & NEEDLES/TINGLING oooo NUMBNESS

SINCE THE PROBLEM STARTED ARE YOU? ___ BETTER ___ WORSE ___ SAME

(PLEASE FLIP TO SIDE 2 FOR MORE ON YOUR CURRENT CONDITION & BRIEF MEDICAL HISTORY)

HAVE YOU RECEIVED ANY TREATMENT FOR YOUR CURRENT PROBLEM? YES NO
IF YES, DESCRIBE TREATMENT RECEIVED: _____

WHAT ACTIVITIES DOES YOUR PROBLEM PREVENT YOU FROM DOING?

WHAT ACTIVITIES OR POSITIONS MAKE YOU FEEL BETTER?

IN THE PAST 12 MONTHS, HAVE YOU FALLEN? NO YES, HOW MANY TIMES? _____

WHAT IS YOUR GOAL FROM THERAPY? _____

MEDICAL HISTORY

LIST ANY MEDICAL CONDITIONS: _____

LIST ALL PREVIOUS MAJOR SURGERIES: _____

ALLERGIC TO LATEX? YES NO ALLERGIC TO ANY METALS? YES NO

ANY MEDICATION ALLERGIES? _____

ANY OTHER ALLERGIES NOT LISTED? _____

LIST ANY MEDICATIONS YOU ARE CURRENTLY TAKING (IF NOT SURE OF NAME, LIST
WHAT YOU ARE TAKING THEM FOR): _____

CURRENT HEIGHT? _____ CURRENT WEIGHT? _____